

# 12 Sounds for Christmas

Emily Ferjencik, MS, CCC-SLP

Playing with sounds is one of my favorite ways to help little ones learn to talk! Christmas is a GREAT time for sounds...and music, lots of music! Let's explore some of the simple sounds that may be fun to practice with little ones:

1. **“Fa la la la la la la la la”** – Sing *Deck the Halls*; “yayayaya” and “dadadada” would also be perfectly acceptable.
2. **“Wow”** – When your kids inevitably notice the huge inflatable decorations in stores and your neighbors’ yards!
3. **“Brrr”** – Depending on your location, Christmastime is likely cold and possibly snowy
4. **“Ooo aah”** – Your little one will be mesmerized by all of the lights...flashing, musical, twinkling, etc.
5. **“Ho Ho Ho”** – Santa’s belly laugh!
6. **Tongue Clicks** – for reindeer hooves
7. **“Mmm”** – all the Christmas sweets and goodies!
8. **“Tada!” and “Hooray!”** – opening up gifts or finding your Elf each morning
9. **“Hey!”** – *Jingle Bells* is not the easiest song for little ones, but at the end of the song is a very enthusiastic... *oh what fun it is to ride in a one horse open sleigh* – **“HEY!”**
10. **“Rum pum pum pum”** – when your little drummer boy is banging on your pots and pans throughout the house!
11. **“Choo choo”** – This is the most amazing season for model trains to be set up all over your town. You can also take a ride on a real train or set one up around your tree.
12. **“Ding ding” or maybe “jingle jingle”** depending on the type of bell – Bells will fill the air and all of the holiday music in your car!



*If you're little one isn't yet talking, remember that sound play and imitation are necessary skills to learn before your little one will start saying many true words.*

\*For the FULL article and more strategies for early talking, go to [www.letsplaythespeechandlanguageway.com](http://www.letsplaythespeechandlanguageway.com).

